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Summary:

By using well known global solutions in connection with educated, proactive individuals who have clear goals and do sustainable actions, world can make significant steps for its improvement. Gandhi said, that it's up to us how we will make our world look like, and food and energy crisis are only beginning of what is going to come into existence if humans don't start act immediately. My experiences during communism, war and capitalism, had teach me that educated people who are ready to make effort and don't blame government for world they are living in, are key factor for change.

Essay:

When Indian political and spiritual leader M. Gandhi once said „Be the change you want to see in the world“, he sent a message about world of peace and nonviolence. Even though, more than 50 years passed, his message still remains and can easily be connected with food and energy crisis that society is faced with.

During the past in human society there were several major crises, especially related with food, so we don't need to see current crisis as something new in our history. It is the same issue, problem and challenge, only that's different it's rapidly growth and number of impacted territories and persons. And that is the reason why society should be scared and start act immediately.

In 18th century Thomas Malthus brought up his pessimistic view about faster population growth than growth of food supply, nobody at that time believed in his prediction. Before only 10 years at my high school teachers and students didn't believe also. General opinion was that population growth will be followed by the same growth in food supply.

At the beginning of 21st century we see that Malthus was right and that main reasons for mentioned crisis is gap between poor and rich countries, climate changes, hungry, wars, desert spreading, decreasing of oil and gas resources.

Common opinion is that lack of energy and food is only present in non developed countries, but the truth is that it's present in most of the countries in the world, so when we are talking about this issue we need to look it as global problem.

Of course, non developed countries are more hit because of poor economic situation, dependence on developed countries, and lack of knowledge as well as country strategies for development and mostly because of the war situation.

I think that one of the way how to improve human well being is to raise awareness is that crisis is not only present in Africa and South America, then is also present in the most strongest country in the world as USA, China, India, Great Britain etc.

Beginning of 2009 brought out old theme with energy crisis in Europe, when Russia decided to decrease gas supply to Ukraine. With this political decisions more that 1/4 of Europe was directly depend upon one country!

To prevent this kind of situation of course that best solution is to have national energy recourses, but also to encourage rational consumption and investments in diversifications of energy resources.

I had luck to experience living in time of communism, war period, in transition country and now in capitalism, and had opportunity to see how much basic stuff for living is influenced by country system, and can't easily be changed.

My personal experiences shown that during communism in Yugoslavia there were not major food and energy crisis, but there were some limitations that prevent its appearance as; only necessary ingredients could be bought in the shops and car driving was regulated by last number in car registration driven by even and odd number days.

During the war, crisis came into existence because of major force, where I realized that even though my county had great perspective for food and energy production it was not possible to realize obvious advantage.

Transition period and capitalism brought to Croatia enormous quantity and variety of food as well as increased energy accessibility, but outcome was prodigality.

When I summarize my experiences with facts that are known to me, I see education and personal acting as key to improve society well being.

Education about world issues ideally should come from national education system and should start in primary school, but if there is no capacity, main role in education should come from NGO's and from abroad. There are many

international organizations which main goal is to educate people all around world about certain topics and issues.

Education should not only be left to schools, but it should be also present in everyday life.

Second step in developing long term view, that can be achieved only after proper education and activating citizenships to change world in which every of us is living.

When individual has long term and clear view about how his/her actions influence environment then is easy to change persons habits.

There are many innovative solutions that human mind invented for preventing and solving crisis. Some of the most known are; using countries natural resources, investments in self production and family business, watering, using energy produced from solar plates and windmills, investments in alternative energy resources etc.

Implementation of mentioned solutions in individuals everyday life will contribute to improve its well being, more than every of us can even imagine.

Formula is very simple; we have educated individual who has clear long term view on his actions which are sustainable, proactive individual who knows that its involvement in different projects and NGO's work are key factor for improving and developing world he is living in.

As I mentioned, systems we are living in can't be easily changed. And sometimes people can be stronger that system and politics. If there is connection between global solutions and proactive educated humans who are capable to do some changes this formula will find right path for its implementation.

When humans realize that they can not only count on country and governments actions for improving their living standards, and when they ask themselves how can they contribute to themselves, than world will have great starting point for lighter future.

Is this possible? Can education, pro activity and sustainable actions improve human's well-being? Can it be done? This are the questions on which answers are still not known. Only that is well known is that food and energy crisis is becoming bigger and more important problem people are faced with, and if we don't start immediate to change our selves, crisis will change us and the world we are living in.